



## Integral Education

### Workshop for principals, teachers and counselors of schools and colleges Sunday, November 27<sup>th</sup> 2011

The aim of this workshop is to transform the class room into a space where the integral development of the students and the individuation of their inner nature are made possible. This can be accomplished only through the integral development of the teacher and the flowering of one's unique inner nature.

#### Overview:

Education has three inseparable components:

- The Teacher, playing the role of a guide or mentor
- The Student, playing the role of a seeker or learner
- The Knowledge that is invoked through the teacher – student relationship

Integral Education begins to flower when the following qualities become present within the teacher – student relationship:

- The teacher discovers one's life purpose and expresses it in harmony with one's inner nature moment to moment. An action thus born from of a teacher awakens and nurtures dormant potentials of the student and facilitates the discovery of their life purpose. In such a relationship the teacher and the student are deeply nourished.
- Focus transcends the gathering and assimilation of information, to a more holistic approach of developing all the inner faculties and potentials. Emphasis is on a total development with a complete perfection of the body, life force, mind and deeper heart.
- A deeper knowing becomes present beyond analytical and conceptual methods of learning.

To accomplish the above ideal of Integral Education the primary responsibility lies with the teacher. It is the teachers own capacity to refine and perfect one's consciousness that their capacity to truly facilitate the evolution of the student becomes possible. In this workshop we shall experientially explore the teachers own development. Through the mastery and perfection of one's consciousness the teacher can facilitate the same in one's students.

#### Explorative flow of the workshop:

- **Understanding the framework of Integral Education** – the complete development of the mind, life force, body and the deeper heart. A partial development leaves one unprepared to bring forth one's unique contribution into the world. The framework draws guidance from the Telos model, which maps the Evolving Consciousness in us and its different states that animate our every day actions. The Telos model is based on the vision and work of Sri Aurobindo. For details visit <http://telos.org.in/telosmodel.html>.

- **Developing and perfecting all the states of consciousness:** Learning to become aware how far our body, life force, mind and deeper heart have developed. Exploring simple methods that can help in transforming each state of consciousness to its Integral perfection.

*The above two are the starting points for the teacher to master, to prepare oneself for the opening of deeper potentials.*

## Explorations possible through a long term association with Telos:

- **Centering in one's Deeper Heart:** It is the deeper heart that holds the seeds of one's inmost potentials. A constant connection with this deeper heart and an offering of all one's actions to its influence enables one to flow harmoniously, being in sync with one's inner nature and life purpose. It is through anchoring increasingly in this inmost state that the teacher can facilitate the unique inner flowering of the student.
- **Receiving intuitions:** Perfecting the instrumental consciousness of the mind, life force and body and residing increasingly in the deeper heart enables one to tap into the domain of intuitive knowing. With mastery one learns to invoke this intuitive knowing within the student.

## Who can attend:

Principals, teachers and counselors of schools, colleges and other educational institutions.

## Workshop facilitator:

**Arul Dev** has trained and consulted people in the area of individual and collective transformation, since 1994. An engineer from BITS Pilani, he is the Director of People First Consultants ([www.peoplefirst.co.in](http://www.peoplefirst.co.in)), a human resources consultancy, committed to develop the deeper aspirations of people. He is the co-founder of Telos, which focuses on the evolution of consciousness of individuals, teachers, leaders and the collective group they represent. For additional details see: <http://www.peoplefirst.co.in/founder.html>

## Workshop Details:

Date: Sunday, 27th November 2011  
 Timings: 9.00 am to 6.00 pm  
 Location: Adyar, Chennai

## Process of Registration for the workshop:

If this workshop inspires you and you would like to attend, kindly send us an email at [training@peoplefirst.co.in](mailto:training@peoplefirst.co.in) with the following details:

- Your name, details of the school or college you are teaching in and the courses you are handling.
- Some additional details about yourself for us to know you better
- What interests you about this Integral Education workshop?
- Would you be available to participate for the entire duration of the workshop?

## Participation Cost:

We operate on the model of gift economy. We offer this workshop to you. You are free to contribute what you choose to.

## Contact Details:

For additional details, Contact 9840755049 or email [training@peoplefirst.co.in](mailto:training@peoplefirst.co.in)