

Integral Education

Liberating greater human potential

An Introduction

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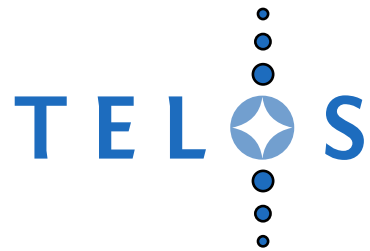
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By

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Human beings are like seeds,
full of dormant potentials.
Most people never sprout,
they live like seeds and die away sleeping
when they are unaware of their potential.
Among those who sprout,
only a few grow into maturity and bloom
when there is no proper training.

Those who bloom delight the world
by their very presence.

To awaken hidden potentials in students,
the system of education needs a vision
that encompass great possibilities
dormant in each individual.

Integral Education

Liberating greater human potential

Higher possibilities asleep in human nature can be awakened by systematic training. This was well known in ancient India and it was the foundation of ancient system of education conceived by the Rishis. Ranges of human cognitive faculties can be enlarged beyond the habitual limits of the senses and the analytical and conceptual faculties can be developed beyond the linear modes to higher ranges of intuition and illumination. So is the capacity for creative and joyful action in the world developed beyond their normal ranges by opening to a greater dynamism in harmony with one's inner nature. But all this requires a deeper understanding of the human nature and it is in this field ancient India had profound knowledge preserved in various yogic traditions of Indian culture. Yoga is nothing but practical psychology said Sri Aurobindo who synthesised ancient wisdom traditions and brought new light on it from the evolutionary perspective. Telos Model based on Sri Aurobindo's teachings has been designed for an integral development of human nature and its possibilities to meet the challenges of our times.



Redefining Growth



Are you only getting bigger Or Are you also evolving ?

More students & teachers
More courses
More income
More infrastructures
More material wealth
More projects and services
More research papers
More patents

Essentially getting bigger is of the growth of quantity of various tangible aspects of an individual or institution, the exterior objective aspect.

This may be seen as horizontal growth.

Good and useful but not enough.

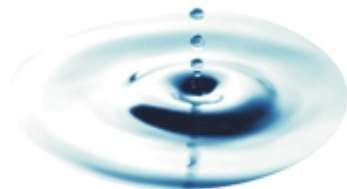
Increasing joy in action.
Increasing sense fulfilment.
Increasing presence of new capacities.
Increasing individuation and uniqueness.
Increasing quality of projects, products or services.
Increasing sense of clear purpose, vision and inspiration.
Increasing ability to learn and adapt in a rapidly changing world.
Increasing presence of truth, goodness and beauty in all levels of expression.
Increasing creativity, self-confidence, enthusiasm and effectiveness as an individual or institution.

Essentially evolving is the growth of quality, the intangible essence, the **consciousness** of an individual or institution, the interior subjective aspect.

This may be seen as vertical growth.

Telos Model of integral education brings to focus evolutionary dimension to synthesise both objective and subjective aspects of growth.

Consciousness and Form



Water undergoes change in its form when the thermal energy it contains changes. Water takes the form of vapour when the temperature is above boiling point, it takes liquid form below boiling point and freezes to solid form below sub zero temperatures. The thermal energy determines the form and resultant properties of water.

In a similar way, a form of action of an individual or group can be seen as a direct result of the consciousness of the people or group. As consciousness changes, the form of action too undergoes change and there is a wide range to consciousness between complete unconscious sleep state to profoundly awake and enlightened state.

What an individual or group does or is capable of doing is a direct result of the consciousness of the individual or group and as consciousness changes the behaviour and capacities of the individual or group also undergoes change.

Knowledge of consciousness is fundamental to education because it is the primary determinant of what people are capable of doing.

Evolving Consciousness



Mind



Life



Matter

There is an evolutionary process taking place on earth.

From a formless force field primary elements and innumerable compounds have emerged giving birth to infinite forms of solid Matter.

Within the frame work of Matter, Life has emerged giving birth to innumerable life forms and their processes.

Within the frame work of living matter and its processes Mind has emerged in human body through the brain and the central nervous system.

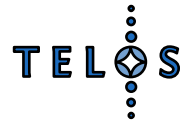
In human mind this process of evolution has become self aware and is capable of directing its own future course of evolution of which our ideas of growth, development, progress, education and culture are reflections.

Evolution of the outer form is a consequence, it is the underlying consciousness that is evolving and more fundamental.

Human mind and its rational intelligence is not the final and ultimate possibility of evolving consciousness, there are higher faculties than mind and its linear thinking processes. Powers of intuition and higher illumined states of being have found expression in exceptional individuals and the possibility of consciously developing these higher states of being and consciousness and its powers through systematic training is available to everyone who is ready for a greater action in the world.

Education must become self-directed evolution capable of liberating higher potentials dormant in human nature.

Soul of Education



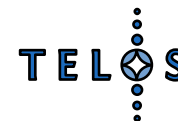
Integral education is based on the understanding that at our inmost centre there is a free being, wide and knowing, who awaits our discovery and who ought to become the acting centre of our being and our life. It is this inmost being who is the impeller of evolving consciousness and of all progress an individual makes in the course of life.

The discovery and emergence of this dynamic power as a conscious presence and inner guide is the true beginning of the flowering of an individual and it is this power that aspires towards all that are true, good and beautiful in life. However this inner dynamic power of progress is veiled by the imperfections and obscurities of the outer instrumental layers of human nature. Therefore the central role of education is to help the student to develop and perfect the outer instrumental layers of human nature and remove the veils created by social, moral, cultural, racial and hereditary conditionings so that the indwelling creative power is liberated and comes forward to take charge of the unfolding destiny of the individual.

When an individual aligns with the inner dynamic power of progress and perfection, the individual naturally moves towards an integral flowering of hidden potentials emerging from within in tune with rhythm and truth of one's integral being. All the rest are delightful consequences of this great inner truth bringing out its effective action and possibilities into the world.

The inmost being who is the impeller of all progress is the key note or soul of integral education.

Fivefold Education



Human beings are relatively new comers on earth upon the tree of evolution. All the previous layers of the evolutionary journey of life on earth are still there within the human nature. So are the evolutionary possibilities that are yet to be realised on a wider collective level remaining latent in human nature.

Education needs to address this whole complexity in its totality. For the education to be integral and effective there are five different areas where it must work on.

1. Physical education

Perfection of material physical base of action.

2. Vital education

Perfection of the dynamic energy of life-force and its processes.

3. Mental education

Perfection of the mind, its intelligence and will.

4. Psychic education

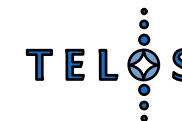
Emergence and empowerment of the inmost being who is the impeller of all progress.

5. Spiritual education

Opening to and acquiring of the higher ranges of consciousness and its powers.

Each layer has its own unique states of consciousness and resultant psychological attributes or functions. A detailed understanding of these layers and their unique characteristics is necessary to know their impact in the process of learning and flowering of an individual.

Physical Education



In the human body physical consciousness has its strong hold at the base of the spine and everything below it. It become increasingly unconscious towards the feet. Below the feet there is the utter sleep of matter upon which we stand.

The body is our material foundation for action in this world. All other instruments must work under the conditions of the body. Limitations of the consciousness of the body therefore limit the possibilities of our action in the world. The body is composed of material elements and the consciousness of the body is bound to dullness and inertia of matter from which it has been made.

Natural instincts of physical consciousness are: Self-preservation, Persistence, Stability, Routine, Passivity & Repetition.

Left to itself the physical consciousness of the body does not try to change or exceed its existing habits. Besides since its instinct is self preservation it resists change and it is one the greatest obstacles to learning or exploring new possibilities. Therefore making the physical consciousness receptive, flexible and open to change is essential for making any progress.

Physical consciousness learns through repetitions till it become a habit; once a habit is established it will not be easily forgotten.

Examples: Learning swimming, driving or typing - first the mind understands a concept and correct body movements, then through repeating the physical movements the physical consciousness in the body learns. Once the body learns, the presence of the mind is not required and with experience the body does the actions easily without requiring any conscious participation of the mind. It become a habit, and therefore effortless.

Undeveloped physical consciousness

When the physical consciousness is not developed, it brings to mind inertia, fatigue, passivity, slowness, stupidity, obscurity, indolence, ignorance, narrowness and limitation, an inability to change or progress, sense of helplessness and impossibility of removal of obstacles, attachment to habits, lack of plasticity, doubt, dullness, dryness, and a constant forgetfulness.

Physical Education

Physical education is a relatively known area of education but not given sufficient attention it really requires.

The effect of an undeveloped physical consciousness in learning process is severe and it is critically important to make physical consciousness flexible and open to change.

Training physical consciousness

When a new habit is to be introduced into the body the existing habits become an obstacle and only way to deal with it is to repeat again and again till the new habit is established. Older the habit, more difficult it is to change; so with aging the physical consciousness also gets increasingly stiff. To minimise stiffness of physical consciousness regular physical exercises are required.

Sports, physical exercises, regular physical work and healthy food plays a great role in developing physical consciousness in the body.

Well developed

Stable & healthy body
Receptive
Supple, Adaptive
Strong & Resilient
Sensitive
Clean & Tidy
High endurance & stamina
Well formed body
Harmonious physical movements

Undeveloped

Sluggish
Clumsy
Frequent Fatigue
Lazy, Inert
Dull
Passive
Untidy
Lack of physical coordination
Weak
Frequent Illness



A well developed physical consciousness in the body is a powerful base for all other higher faculties for their successful action.

Vital Education



Higher vital

Central vital

Lower vital

In the human body vital consciousness and its movements are generally felt in the region between chest and abdomen. However the vital energy is moving through out the body and all around.

Vital refers to vitality, the dynamic energy that animates the body and mind. It is also referred to as life-force or prana in sanskrit. Subjectively the movements of vital energy is experienced as desires, passions and emotions. It is the enjoyer and mover of all things.

Its movements are broadly grouped into three according to their position in the body and each one has unique attributes.

Lower vital

Desire, Sensual Pleasure, Physical Comfort, Sensory Enjoyment and Fear.

Central vital

Passion, Power, Expansion, Conquest, Achievement, Challenge Seeking, Heroism.

Higher vital

Love, Joy of Relationships, Empathy, Emotional Sensitivity, Emotional Care and Bonding.

Of all education, vital education is perhaps the least understood and most difficult to deal with. It is rarely taken up and pursued with discernment and method.

Unrefined and disharmonious movements of the vital energy is one of the chief causes of the clouding of the intelligence and will in a human being and the purification and liberation of the intelligence and will requires a detailed and methodical education of the vital movements.

Besides it is the vital that provides the animating dynamic power of action in the world and an abundant supply of vital energy is a necessary condition for any powerful action in the world.

Vital Education: Lower Vital



Lower vital

Lower vital consciousness and its movements are strongly felt in the abdominal region.

Lower vital

Desire, Sensual Pleasure, Physical Comfort, Sensory Enjoyment and Fear.

The lower vital consciousness is concerned with sensational desire and sensual self-gratification. It seeks sensual pleasure.

Food desire, sexual desire, small likings, dislikings, small selfishness, vanity, quarrels, love of praise, anger at blame, resistances and revolts over small matters, small egoisms, small ambitions, little wishes of all kinds, all physical sensations, hungers, cravings, satisfactions, lust, greed of all kinds, vanity, petty anger, envy, jealousy, are its ordinary expressions.

Clouding of sense data intelligence and will

Due to its fickle nature, the lower vital is always reacting to sensations and the resultant flux is constantly interfering with the smooth functioning of the senses, mental intelligence and will. This is one of the chief causes of distortions in perceptions. Besides, the sense organs, if properly cultivated, can attain a precision and power of functioning far exceeding what is normally expected of them. Therefore a detailed mastery over these movements is essential for having clear perceptions, intelligence and will.

Training the senses

Developing refined anesthetic sensibilities through exposure to fine art and design is one of the ways to train the senses to refine their reach. Another important aspect is to develop one's ability to observe all vital movements and step back from all reactions as a pure witness so that one can approve or reject chosen movements and thus train them. Along with it bringing silence and peace into the whole nervous system and development equanimity over all sensations would make perceptions much clear and refined. Thus trained the lower vital movements become calm and opens the doors of sense perceptions to a greater range, refinement and enjoyment.

Vital Education: Central Vital



Central vital

Central vital consciousness and its movements are strongly felt in solar plexus region.

Central vital

Passion, Power, Expansion, Conquest, Achievement, Challenge Seeking, Heroism.

Central vital consciousness is dynamic, sensational and passionate, deals with life-forces, the passions and larger desire-movements.

It throws itself out in the wider movements of life, responsive to the greater objects of Nature.

It is concerned with creation, with power and force and conquest, with giving and self-giving and gathering from the world for further action and expenditure of power.

Its characteristic weaknesses are hatred, anger, wrath, struggle, disgust, revenge and all the stupendous play of passion which is the drama of life in the world.

Abundance of dynamic energy and its will

One major contribution of the central vital when it is well developed is the abundant supply of energy, will and passion for work. It has its strong will for action and achievement and it is a great ally for achieving difficult goals. It is absolutely essential for leading a team and it is this that brings the sense of power in action.

When this is not well developed, people will find themselves having no passion for life and looking for easy way out of any work.

Wild horse

An untrained central vital is like a wild horse and without mastering its movements one cannot have mastery over one's will in action. Training this will in the dynamic movements of central vital is therefore of great importance in any field of education. Without it nothing great can be achieved.

Vital Education: Central Vital



Central vital

Central vital consciousness and its movements are strongly felt in solar plexus region.

Training the will

Training the central vital is essentially training one's will for action. In order to awaken this will to surmount and conquer, different methods are appropriate in different cases; with certain individuals rational arguments are effective, for others their feelings and goodwill should be brought into play, with yet others the sense of dignity and self-respect. For all, the most powerful method is example constantly and sincerely shown.

The will can be cultivated and developed just as the muscles can by methodical and progressive exercise. Setting goals and achieving it by progressively increasing the difficulty involved is a simple and straight forward way to develop mastery over one's will in action.

One must not shrink from demanding the maximum effort of will even for a thing that seems of no importance, for it is through effort that its capacity grows, gradually acquiring the power to apply itself even to the most difficult things. What you have decided to do, you must do, whatever the cost, even if you have to renew your effort over and over again any number of times in order to do it. Your will will be strengthened by the effort and you will have only to choose with discernment the goal to which you will apply it.

Inexhaustible energy

Human body is like a conduit through which universal life-force is flowing and every individual has to learn to open and receive its abundant influx and let it flow into action and animate one's movements. But prior to it lower vital movements are to be purified, the weaknesses of the central vital corrected and the will trained well to follow the guidance of higher intelligence.

Vital Education: Higher Vital



Higher vital

Higher vital consciousness and its movements are strongly felt in heart region.

Higher vital

Love, Joy of Relationships, Empathy, Emotional Sensitivity, Emotional Care and Bonding.

It stresses emotion rather than sensation and desire, but it is not free from demand and the desire of possession. It is often mistaken for the soul. The demand of emotional being is for love and the joy of relation with our fellow-beings.

It is a field of joy and grief, love and longing, likes, dislikes, indifferences, content, discontent, hopes, disappointments, gratitude, hope, pity, and sorrow.

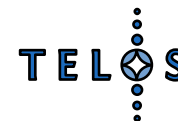
Emotional ups and downs seriously affect well being of an individual and the clarity of perceptions, intelligence and will in action. Healthy development of the emotional being and mastery over its movements is therefore essential for integral education.

Mastering the emotions

Emotions are the waves of reaction and response which rise up from the basic consciousness. Their action too is largely regulated by habit and an emotive memory. They are not imperative, not laws of necessity.

Developing ability to stand back and objectively observe the waves of emotional nature to understand its patterns is a starting point towards its mastery. By developing the ability to witness its movements one can bring in the ability to reject its wrong movements and allow its finer expressions. Also by bringing in the power of reason or by bringing in silence and peace into the emotional being, its nature can be refined and elevated to nobler expressions.

Mental Education



Thinking & Dynamic Mind

Externalising Mind

Mental consciousness and its movements are generally felt above the shoulder.

This is the most known and commonly practiced domain of education. To live in mind and the things of the mind, to be an intelligence rather than a life and a body, is our highest position, short of spirituality, in the degrees of Nature.

Mind and its activities can be grouped in many ways. In the Telos Model, we have divided mind into two distinct areas.

Externalising Mind

External Knowledge, External data, Sense-bound, Communication, Practicality

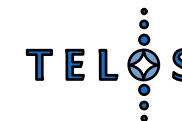
Thinking and Dynamic Mind

Vision, Will, Idea Force, Pure reason, Philosophy, Conceptual Knowledge.

Five Stages of Mental Education

1. Development of the power of concentration, the capacity of attention.
2. Development of the capacities of expansion, widening, complexity and richness.
3. Organisation of one's ideas around a central idea, a higher ideal or a supremely luminous idea that will serve as a guide in life.
4. Thought-control, rejection of undesirable thoughts, to become able to think only what one wants and when one wants.
5. Development of mental silence, perfect calm and a more and more total receptivity to inspirations coming from the higher regions of the being.

Mental Education



Concentration

Chief difficulty of the mind is its constant dispersion in thoughts. Thoughts flutter hither and thither randomly like butterflies and thus most of the mental energy gets dispersed. Short attention span is a great obstacle to all learning. Gathering scattered movements of thought by the power of concentrated attention is the first foundation for mental development. This is a capacity that grows with practice and arousing of curiosity or interest makes concentrated attention easy and lasting. This power needs to be trained consciously so that learner become capable of a sustained effort of attention and gain capacity of more and more complete absorption in the work in hand which brings forth rapid learning or mastery over what one is doing.

Widening

In order to increase the suppleness and comprehensiveness of the mind, a single subject needs to be approached from all possible perspectives so that there is richer understanding and experience that there are many ways of facing the same intellectual problem, of considering it and solving it.

Centering

It is not enough that mind gathers hundreds of ideas, it must be trained to organise all ideas into a hierarchy of ideas, from the outer details to most central principles or ideas so that mind can hold together all knowledge into a coherent view without internal conflict or fragmentation. This ordering is necessary if one is to avoid chaos in one's thoughts. All contradictions can be transformed into complements, but for that one must discover the higher idea that will have the power to bring them harmoniously together.

The higher and larger the central idea and the more universal it is, rising above time and space, the more numerous and the more complex will be the ideas, notions and thoughts which it will be able to organise and harmonise.

Thought-control

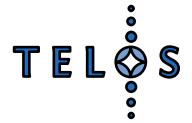
As far as study is concerned, all ideas are acceptable and should be included in the synthesis, whose very function is to become more and more rich and complex; but where action is concerned, it is just the opposite. Control over the formative activity of the mind is one of the most important aspects of effective action in the world.

The ideas that are accepted for translation into action should be strictly controlled and only those that agree with the general trend of the central idea forming the basis of the mental synthesis should be permitted to express themselves in action. This means that every thought entering the mental consciousness should be set before the central idea; if it finds a logical place among the thoughts already grouped, it will be admitted into the synthesis; if not, it will be put aside so that it can have no influence on the action. This work of mental purification should be done very regularly in order to secure a complete control over one's actions.

For this purpose, it is good to set apart some time every day when one can quietly go over one's thoughts and put one's synthesis in order. Once the habit is acquired, one can maintain control over thoughts even during work and action, allowing only those which are useful for what one is doing to come to the surface.

When the power of concentration and attention deepens, only the thoughts that are needed will be allowed to enter the active external consciousness and they then become all the more dynamic and effective.

Mental Education



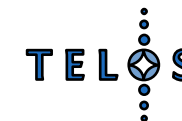
Silence

Just like the body needs rest, the mind too needs to rest. The art of resting one's mind is something to be acquired. Changing one's mental activity is certainly one way of resting; but the greatest possible rest is silence. A few minutes passed in the calm of silence is more effective rest than hours of sleep because during sleep, mind is active most of the time.

As the concentration becomes deep and natural and relaxed it becomes possible not to think at all. All mental vibrations can be stilled and an almost total silence secured. Such a relaxed inner silence makes the mind always fresh.

Other than rest, a greater function of mental silence is to open to the higher ranges of mind and learn to record the inspirations that come from there. Silence is a necessary condition for opening to the ranges above the normal levels of the mind.

Psychic Education



Psychic education

Psychic education deals with the discovery and awakening of the psychic being within each individual. Since this is not an area explored in education it is necessary to sketch a rough idea of what is meant by psychic being. There are two key ideas that are central to define the role of psychic being.

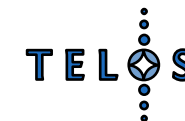
One - all manifestation can be traced into its supreme origin beyond time and space. Spiritual explorations of the seers have defined this origin as satchidananda (sat-chit- ananda) Blissfully Conscious Existence. The transcendental aspect, the unborn timeless spaceless poise of the supreme Self.



Two - out of the infinite creative possibilities latent in the supreme origin, a ray of its possibility is projected into space-time reality of manifest existence. This possibility, the hidden creative spark, is the secret indwelling impeller of the unfolding of that possibility in creation. This creative spark is behind the unfolding destiny of every individual and it is this unfolding entity within that progressively develops into fully formed psychic being across many births of the individual line of development. This is the poise of the Self in endless time and limitless space, compelling evolution towards its transcendental origin from which it has come.

In most individuals this presence, commonly referred as soul, is acting from behind the veil, unrecognised and unknown. But in some the veil thins out and they go forward in life with an assurance and great inner certitude; they are masters of their destiny. It is this inner guiding presence that gives the vision of one's purpose on earth and the dynamic power to manifest it in life. It is for the purpose of obtaining this mastery and becoming conscious of the psychic presence that psychic education should be practised.

Psychic Education



Discovering the psychic being

When we bring peace and silence into our outer instrumental nature, into the workings of the mental, vital and physical layers, we become dimly aware of something that can be called a soul as distinct from mind, life or body; we feel it not only as our mental idea or vague instinct of ourselves, but as a sensible influence in our life and character and action. A certain sensitive feeling for all that is true and good and beautiful, fine and pure and noble, a response to it, a demand for it, a pressure on mind and life to accept and formulate it in our thought, feelings, conduct, character is the most usually recognised, the most general and characteristic, though not the sole sign of this influence of the psyche.

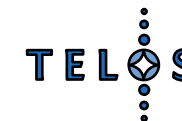
This slow development can be aided by the mind's clear perception and insistence on something within that survives the death of the body and an effort to know its nature.

As we increasingly come in touch with its movements and follow its call we begin to recognise something in the depths of one's being which carries in it a sense of universality, limitless expansion and unbroken continuity, a sense of eternity and immortality. With it comes a clear sense of certitude of what one is meant to do and one's purpose in this life; thus one begins to have a greater sense of mastery over one's life and its mission.

As the psychic being comes forward, it influences and eventually transforms the mental, vital and physical instrumental layers of human nature. It is the psychic being that integrates all discords of fragmented inner nature into a harmonious whole moving towards its greater destiny.

This indeed is an extremely brief introduction to a subtle and complex subject and is meant only to give a glimpse of what is meant by psychic education.

Spiritual Education



Spiritual Mind

Intuition, Illumination, Transcendence, Oneness, Impersonality, Knowledge by identity.

Here we are touching upon the higher Nature and its possibilities yet to be realised in human beings or only found developed to certain extent in exceptional individuals.

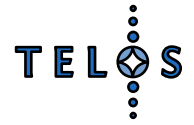
In Telos model, by the word spiritual we are covering the higher ranges of mind called spiritual mind in general - the higher mind, illumined mind, the intuition proper and overmind and still higher ranges beyond mind - the supramental and satchidananda. (Terms based on Sri Aurobindo's vision)

The spiritual mind is a mind which, in its fullness, is aware of the Self, reflecting the higher Nature, seeing and understanding the nature of the Self and its relations with the manifestation, living in that or in contact with it, calm, wide and awake to higher knowledge, not perturbed by the play of the forces. When it gets its full liberated movement, its central station is very usually felt above the head, though its influence can extend downward through all the being and outward through space. It is by rising above the head one enters first into the silence of the self or spiritual being. Initial stages of entry into the spiritual ranges of mind can give the experience of universe as an unreal dream. But it is only an early stage in the wide range of consciousness above the normal mind.

When the ordinary mind opens within to inner mind and psychic and above to higher mind and higher consciousness generally, then it begins to be spiritualised. It is also true that for the rash and unwary to enter into it may bring confusion and misleading inspirations and false voices, and it is safe to have some sure guidance from those who know and have spiritual and psychic experience.



Spiritual Education



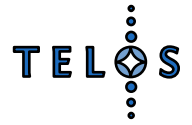
When the mind is prepared sufficiently and become silent and wide, liberated from the influences from the lower ranges of the being, it develops the capacity to reflect in its operations the higher rhythms unfolding as thought and revealing knowledge. Further this develops into in-streaming of thoughts and inspirations that carry greater powers of revelation and knowledge. With it also come increasing dynamic power of Will in the idea and its self creating effective power of manifestation in the world. Thoughts streams eventually widens into lightning visions of intuition and illumination and downpour of Light and Power from above into the receptive mould of mind and further descends into the vital and physical ranges of the being below bringing its greater dynamisms and effective transformations.

As this development continues with psychic being below and spiritual being above in dynamic union, the consciousness breaks out of the individual limits and expands to universalise itself in a wide embrace in which the self become the ground of all. One enters the universal mind, the universal vital and even the universal physical expanding, enlarging and embracing the whole towards greater integral perfection.

On this ground of cosmic consciousness of overmental ranges, the supramental ranges of consciousness and consequent transformations base its movements. What starts out as descending rays of light from above bringing spiritual transformations, eventually leads to the descend of the full glory of the supramental sun into lower ranges of the mind, vital and even physical consciousness and compels their transformation. With it comes the triple time vision and integral movement of Knowledge, Will and Love and Knowledge by Identity.



Future of science & technology



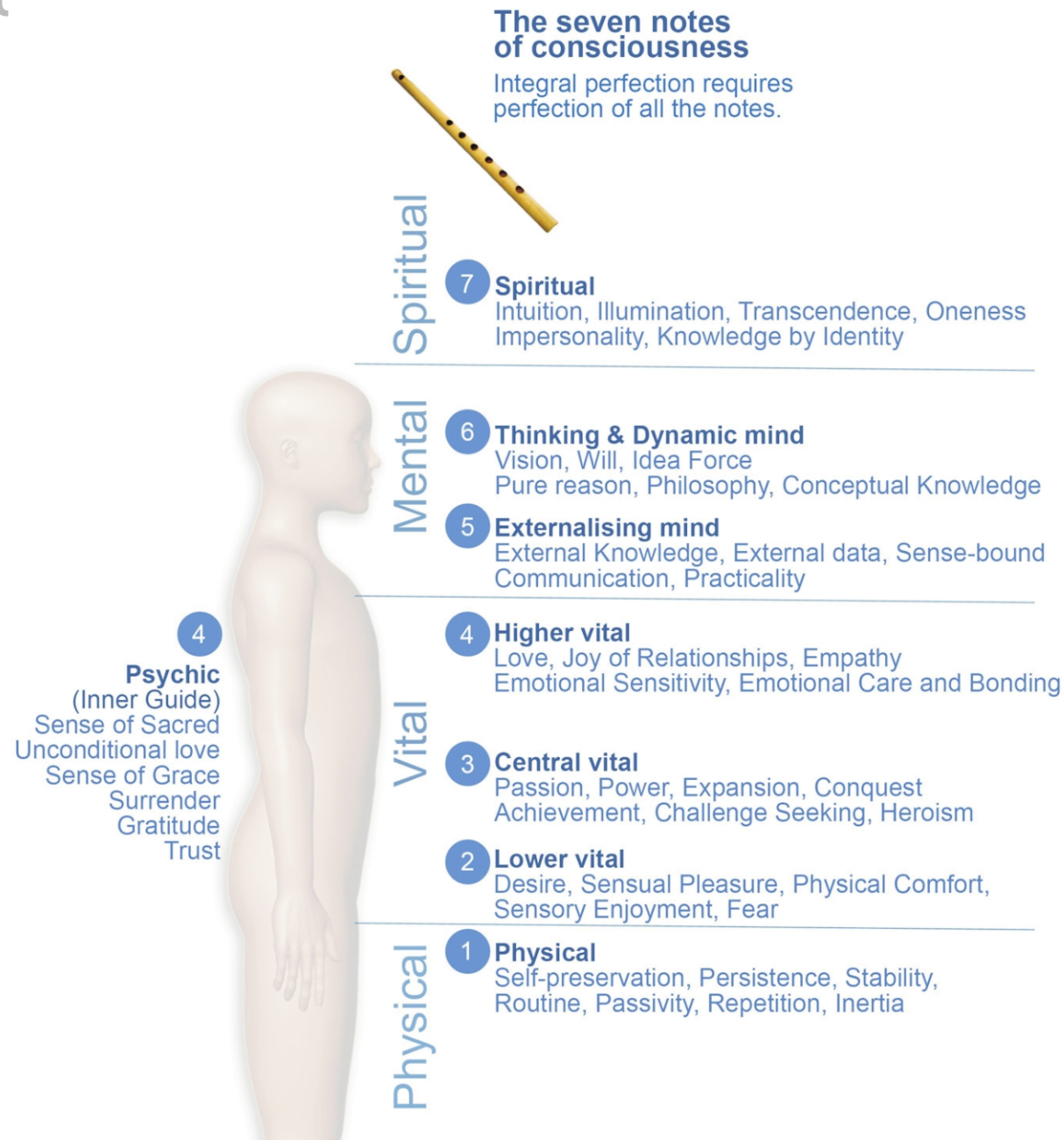
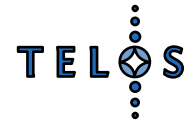
Sri Aurobindo wrote about the future of science and technology in 1914:

As the outposts of scientific Knowledge come more and more to be set on the borders that divide the material from the immaterial, so also the highest achievements of practical Science are those which tend to simplify and reduce to the vanishing-point the machinery by which the greatest effects are produced. Wireless telegraphy is Nature's exterior sign and pretext for a new orientation. The sensible physical means for the intermediate transmission of the physical force is removed; it is only preserved at the points of impulsion and reception. Eventually even these must disappear; for when the laws and forces of the supraphysical are studied with the right starting-point, the means will infallibly be found for Mind directly to seize on the physical energy and speed it accurately upon its errand. There, once we bring ourselves to recognise it, lie the gates that open upon the enormous vistas of the future.

*Sri Aurobindo
The Life Divine - SABCL,
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Integral education, as we have briefly outlined here
is based on the teachings of The Mother and Sri Aurobindo.

Telos Model



Facilitators



Manoj Pavitran

Manoj Pavitran, born in Kerala in 1965, is an engineer and designer by education, graduated from the National Institute of Design (NID), Ahmedabad. He is exploring integral yoga of Sri Aurobindo since 1989 and a member of Auroville (www.auroville.org) since 1995 - an international city in the making near Pondicherry where 2200 people from 43 nationalities are engaged in developing a new form of society based on the teachings of Sri Aurobindo and The Mother. He co-founded Telos, along with Arul Dev. His special focus is on integral design and the development of individual and collective consciousness.

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Arul Dev

Arul Dev has trained and consulted people in the area of individual and organisational transformation, since 1994. An engineer from BITS Pilani, he is the Director of People First Consultants (www.peoplefirst.co.in), a human resources consultancy, aspiring to develop the deeper aspirations of people. He is the co-founder of Telos, which focuses on the evolution of consciousness of leaders and the collective group they represent.

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